

**Fitness &
Aquatic Centre**

Proudly Managed by YMCA

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CityStream

A UNSW Wellbeing team has been set-up for City2Surf on Sunday 14 August 2016. The first 50 staff or students to enter the "UNSW Wellbeing" team get a free UNSW T-shirt. Go to City2Surf.com.au to enter, in the drop-down list of teams select "UNSW Wellbeing" with the team password "UNSW2052". To get your free T-shirt send your name and bib number to safety@unsw.edu.au and collect your free UNSW T-shirt in the colour and size of your choice from the Arc Gift Shop.

Visit the UNSW Wellbeing [City2Surf Facebook event page](#) for further details.



Security

Facilities Management have developed new phone security stickers and emergency procedures posters for use across UNSW Kensington, Randwick and Paddington campuses. All desk phone handsets should have the new phone sticker (pictured). The Emergency Procedures poster should be on display in all central locations across buildings and floors. If your area does not yet have these, please contact emergency@unsw.edu.au. For more information see the [Emergencies](#) webpage.



Fieldwork

The UNSW [Fieldwork Procedure](#) and [Fieldwork Guideline](#) were updated late last year and includes information relating to face-to-face interviews. If your research requires

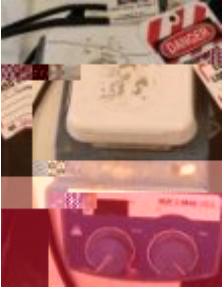
in storage for years with no planned use. Please check your labs, cupboards and store to know what chemicals you have and why. Either share or properly dispose of the chemicals you don't need.



Wig at height

The Code of Practice for [Managing the Risks of Falls](#) has had a minor addition to test a ladder before climbing by jumping on the bottom rung. You can find a Safe Work Procedure on [Working with Ladders](#) in SafeSys, for use in general situations.

General ladder guidance is also available from the [SafeWork NSW website](#), including a useful [Safe Use of Ladders](#) video.



Leban

Recently at UNSW a researcher sustained an electric shock from operating a damaged piece of equipment. A hot plate stirrer (pictured) was being used which had passed a recent electrical test and was appropriately tagged, However there was a crack on the hot plate and when a cold beaker was placed on it condensate seeped into the equipment, when the researcher touched the equipment they sustained a shock. You should be aware that the electrical testing only checks the safety of the connection at the time of the test and not necessarily the operational use of the item or any subsequent damage. Please also carry out a visual check of your equipment before each use.

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