

July 2016

UNSW is at the top of the leader board of all universities participating in the Global Corporate Challenge (GCC) to achieve 10,000 steps per day for 100 days. We are followed closely by University of Sydney and University of Queensland. See the full leaderboard on our [GCC webpage](#).



Wellbeing Seminar

A Wellbeing Seminar hosted by our Employee Assist Program (EAP) provider will be held on 7th July, 12pm - 1pm in Keith Burrows Theatre (J14). The topics covered include understanding balance, how to recognise imbalance and create balanced thinking, understanding your personality, goal setting and more. To confirm your a seneeds for such a system has been identified as well as suggestions provided by stakeholders across the various UNSW faculties and business units. Select companies will be invited to present on their systems through a tender process. Stayed tuned through this newsletter for further updates.



Gloves safety talk

VWR and Ansell will host Gloves Safety Talks over a number of days at UNSW. Staff
